

CYRENA

Informed Consent Form — Brows

Precision Brow Design, Waxing, Lamination & Henna Tinting **Risk level: Low**

Services Covered

This consent form applies to: Precision Brow Design & Waxing · Brow Lamination · Brow Henna Tinting · Brow Hydration Mask · Brow Tint & Wax Combo.

What to Expect

Brow services involve shaping and defining the brow area using waxing, threading, tinting, or lamination techniques. Cyrena uses professional-grade cold wax suitable for sensitive skin, and plant-based henna for tinting services.

Risks & Considerations

The following are known risks associated with brow services. They are uncommon but you should be aware of them:

- Temporary redness or skin sensitivity immediately post-waxing — typically resolves within 1–2 hours.
- Rare risk of skin lifting with waxing, particularly if you are using retinol, AHAs/BHAs, or certain prescription skin medications.
- Henna tinting may cause a mild allergic reaction in clients with sensitivities to plant-based dyes.
- Brow lamination involves a chemical lifting solution — not recommended during pregnancy (first trimester).

Health & Contraindication Checklist

Please answer the following questions honestly. This helps your therapist select the safest technique for your skin.

Health & Skin Question	Yes	No	If yes, please detail
Are you currently using Retinol, Tretinoin, or prescription Vitamin A products?	☐ Yes	☐ No	Details: _____ —
Are you using AHA or BHA exfoliants (glycolic acid, salicylic acid) on the brow area?	☐ Yes	☐ No	Details: _____ —
Are you currently pregnant or breastfeeding?	☐ Yes	☐ No	Details: _____ —

Do you have a known allergy to henna, plant-based dyes, or wax?	☐ Yes	☐ No	Details: _____ —
Have you had a reaction to a brow service in the past?	☐ Yes	☐ No	Details: _____ —
Do you have eczema, psoriasis, or active skin irritation in the brow area?	☐ Yes	☐ No	Details: _____ —
Have you had Botox or filler in the forehead/brow area in the last 2 weeks?	☐ Yes	☐ No	Details: _____ —

Aftercare Acknowledgement

I understand and agree to follow the recommended aftercare for my brow service, which includes:

- Avoid touching, rubbing, or getting the brow area wet for 24 hours post-treatment.
- Avoid saunas, steam rooms, and intense exercise for 24 hours.
- Do not apply makeup directly over the brow area for at least 12 hours.
- For lamination: apply the provided nourishing oil daily for 48 hours post-treatment.
- For henna tinting: avoid exfoliants on the brow area for 7 days to preserve colour longevity.

Photography & Social Media Consent

Cyrena Collective may wish to photograph or video the results of your service for use on our website, Instagram, and other marketing channels. This is always optional and your service will never be affected by your decision.

I consent to Cyrena Collective photographing/filming my results and using these images on social media and marketing materials. I understand my face may or may not be included, and I can withdraw this consent at any time.

I consent to photography of results only (e.g. hair, nails, lashes) — no face, no identifying features.

I do not consent to any photography or use of my image for marketing purposes.

CLIENT DECLARATION & SIGNATURE

I confirm that the information provided above is accurate and complete to the best of my knowledge. I understand the nature of the service(s) to be performed, the associated risks, and the aftercare requirements. I consent to the treatment proceeding on this basis.

This consent is valid for all brow services at Cyrena Collective from the date signed. It must be renewed annually or if your health circumstances change.

Client full name: _____

Date of birth: _____ **Date of consent:** _____

Signature: _____

Therapist: _____